

# Tarah

## USER GUIDE

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## **WELCOME**

In The Box	<b>2</b>
Charging / Battery Status	<b>3</b>
Pairing	<b>5</b>
Finding Your Perfect Fit	<b>7</b>
Eargel Size	<b>7</b>
Speed Cinch & Shirt Clip	<b>8</b>

## **DETAILED INSTRUCTIONS**

Button Functionality	<b>9</b>
The Jaybird App	<b>12</b>
Multipoint - Connection to multiple devices	<b>13</b>
Smartwatches	<b>14</b>
Troubleshooting	<b>15</b>
Specifications	<b>16</b>
Warranty, Warnings & Safety	<b>17</b>

# WELCOME

# JAYBIRD TARAH

## ESSENTIAL PERFORMANCE RUN WIRELESS

For detailed video instructions please visit [jaybirdsport.com/support/](https://jaybirdsport.com/support/)



6 HOURS PLAYTIME



SWEAT & WATERPROOF (IPX7)



SPORT FIT - SECURE & COMFORTABLE



10 MIN = 1 HR OF PLAYTIME



SPEED CINCH



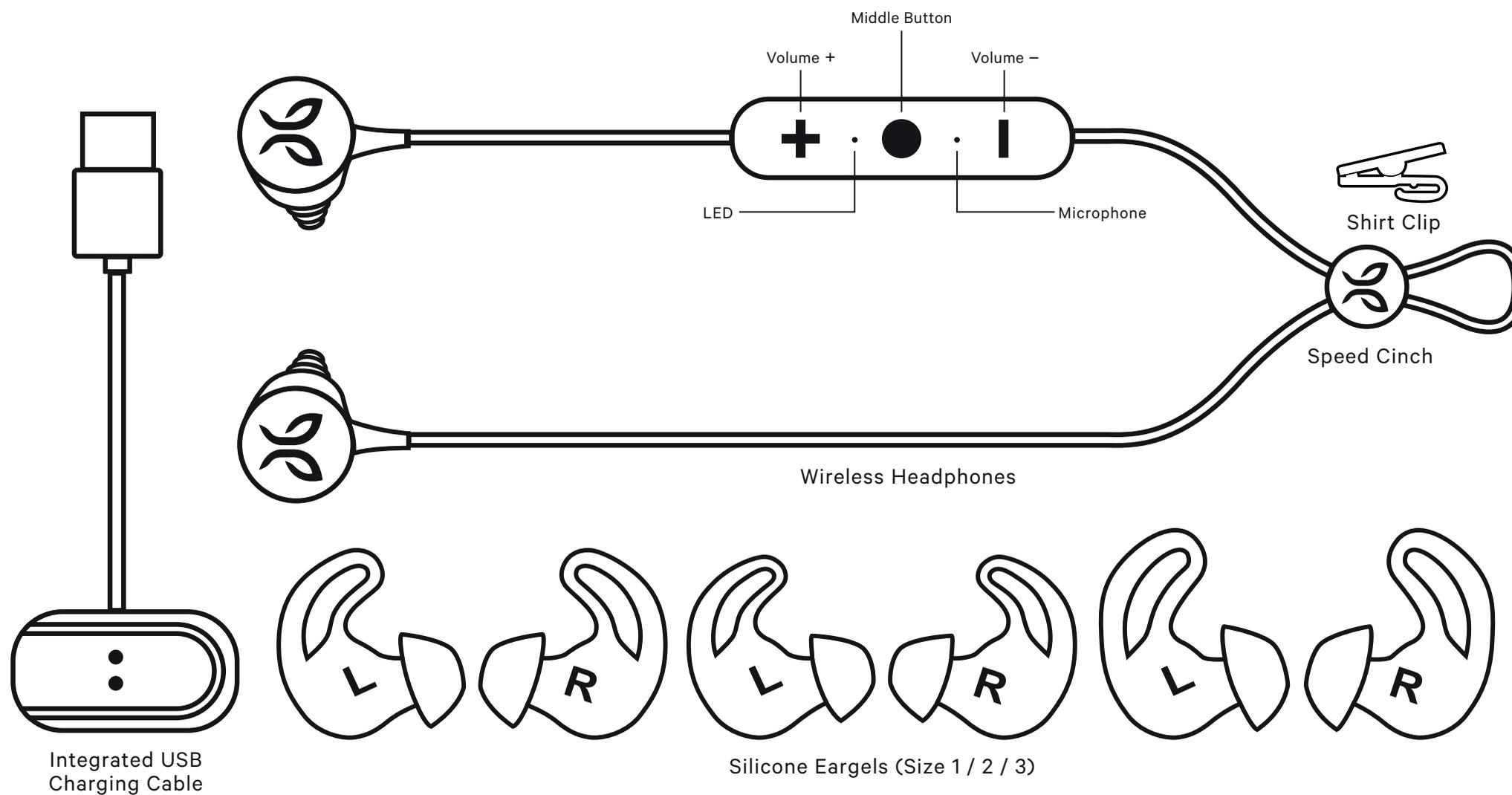
PREMIUM SOUND WITH CUSTOM EQ



MUSIC & CALLS

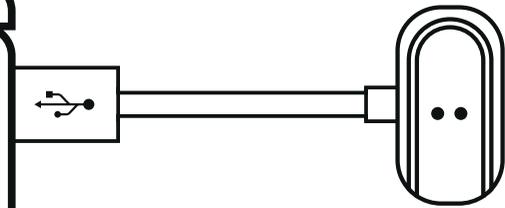
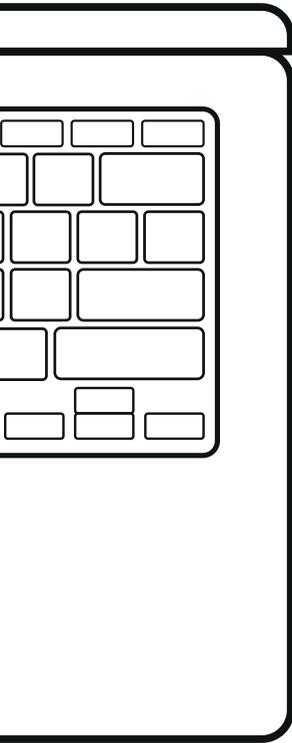
Please refer to the safety warnings for important product safety information prior to installation or use of the product.

# IN THE BOX



# CHARGING/BATTERY STATUS

We recommend you charge your earbuds using any 5V 500mA USB power source. Wall/car adapters/chargers that supply more than 5.5 V may damage your Jaybird earbuds and should not be used.

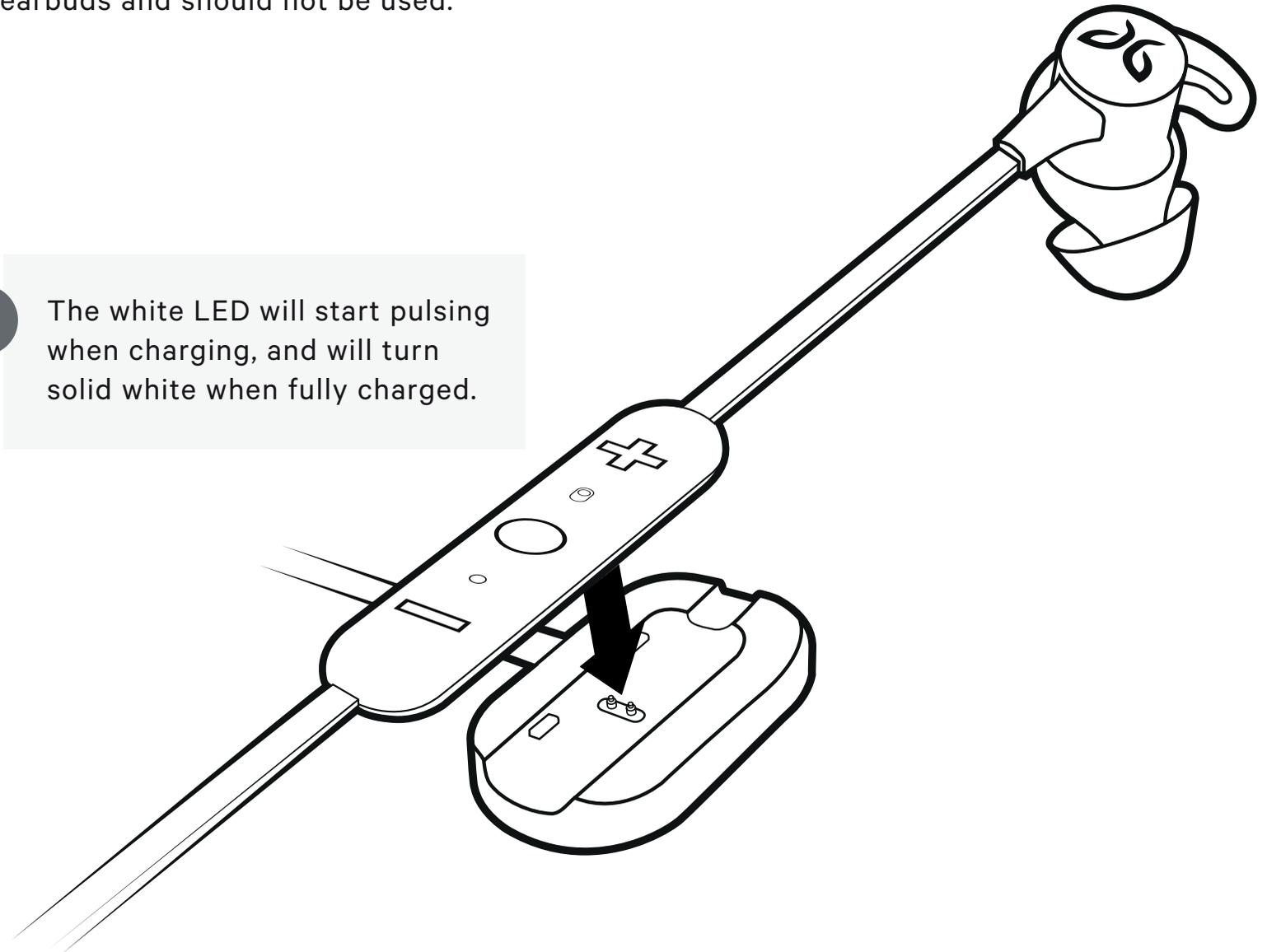


- A** Take the included USB charging cradle and plug it into a USB power source.

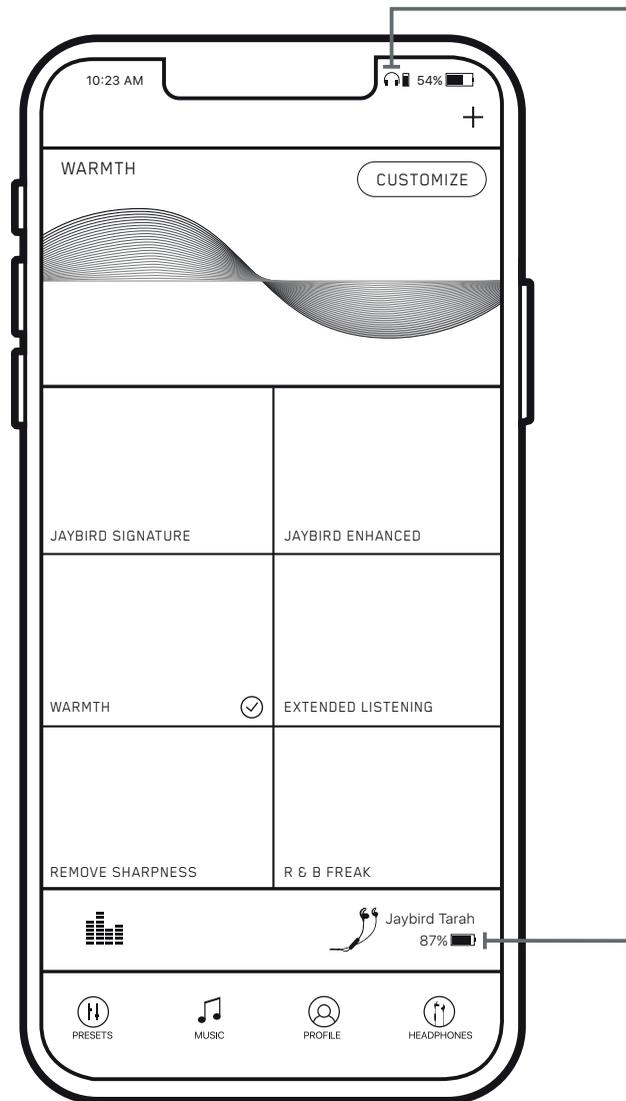
- B** The white LED will start pulsing when charging, and will turn solid white when fully charged.

**2 hours** charging gives  
**6 hours** of playtime.

**10 mins** charging gives  
**1 hour** playtime.

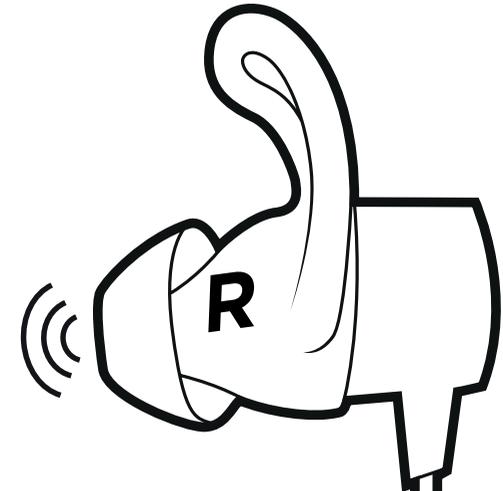


# CHARGING/BATTERY STATUS

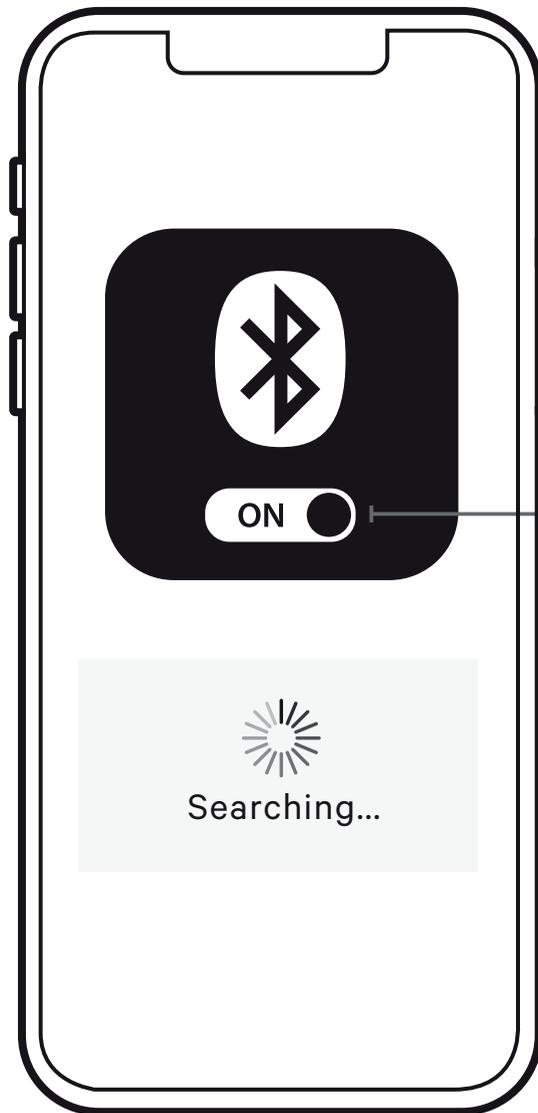


When you turn on your earbuds, you will hear a battery level announcement. The battery level announcement is rounded to the nearest 20%.

Your phone and the Jaybird app will also indicate the battery level. The Jaybird app will indicate the battery level to within 1%.



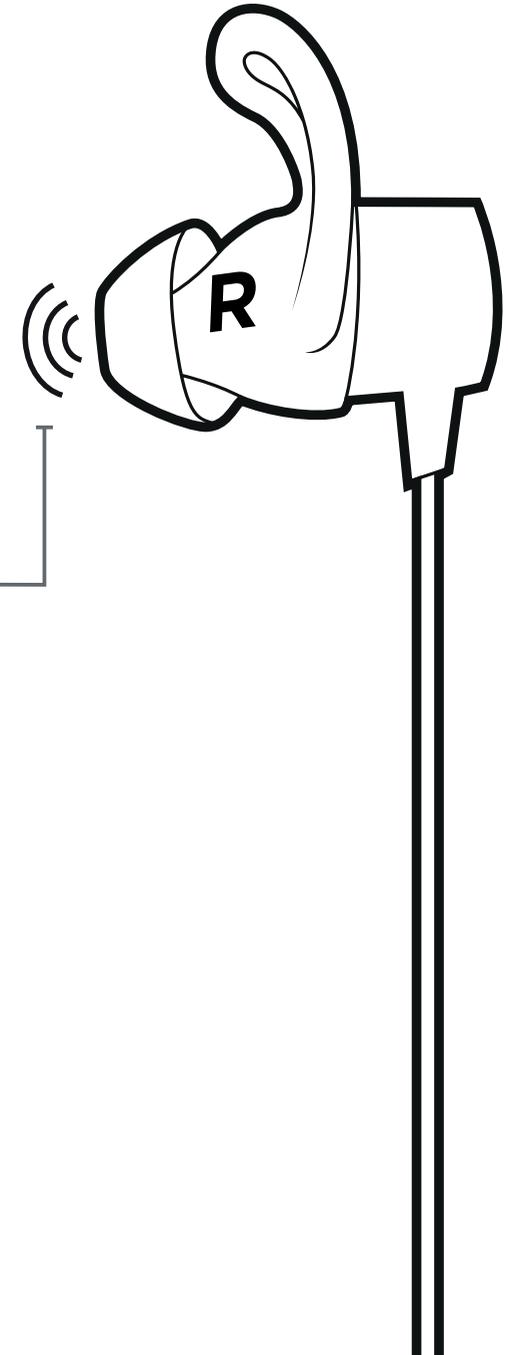
# PAIRING



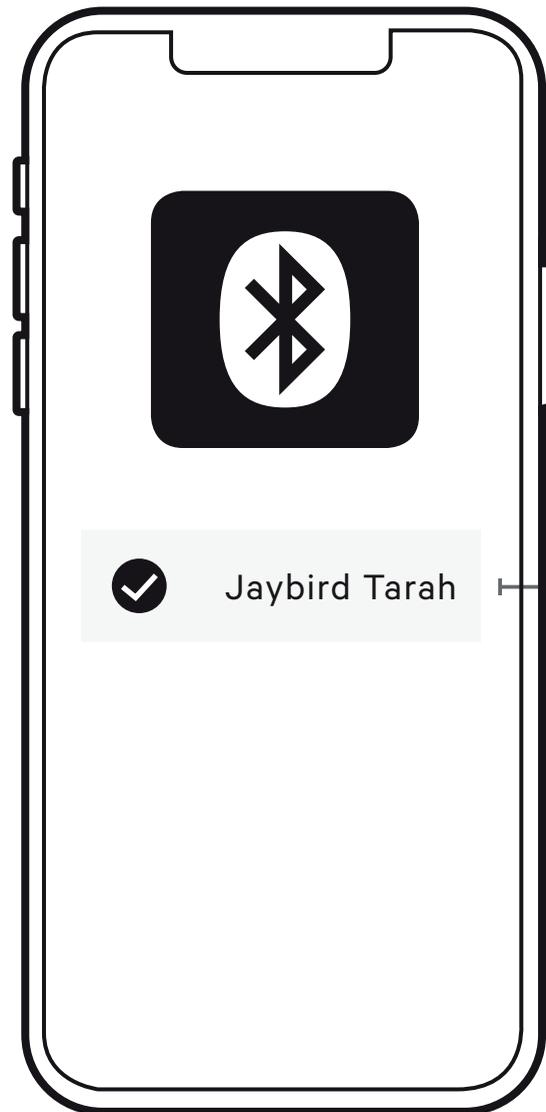
**A** On your audio device, turn Bluetooth® on and ensure it is actively searching for Bluetooth devices.

With your Tarah earbuds turned off, press and hold the Middle Button until you see the LED blinking white. You will hear the **“READY TO PAIR. DOWNLOAD THE JAYBIRD APP FOR AN ASSISTED SETUP”** voice prompt.

**B**

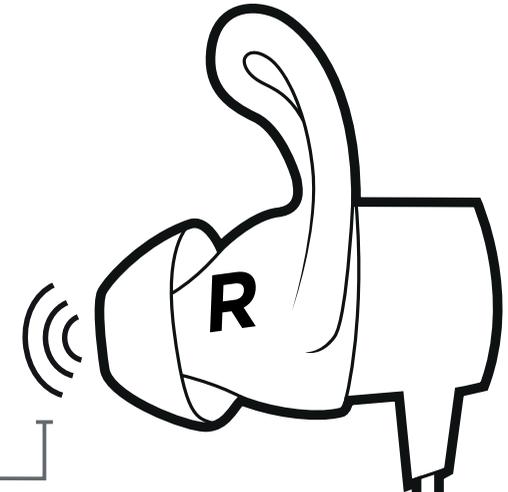


# PAIRING



Select “**Jaybird Tarah**” in the list of discovered devices.

Once your Tarah earbuds have connected to your audio device you will hear the “**Connected**” voice prompt. You are now ready to listen to your music.



**If the pairing is not successful**, switch off your earbuds by pressing the Middle Button until the red LED illuminates and you hear a descending “Power off” tone. Once your earbuds have powered off repeat steps A-D.

**NOTE:** When you turn your Tarah earbuds on for the first time or after a reset, they will be in pairing mode.

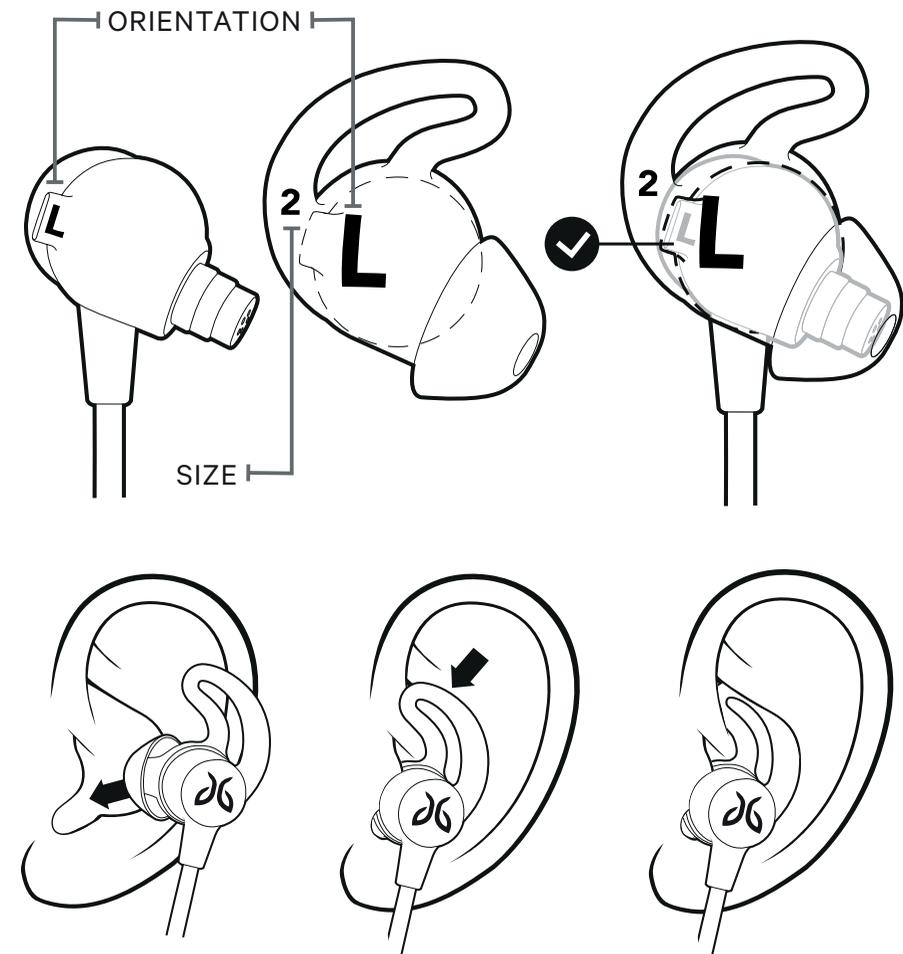
# FINDING YOUR PERFECT FIT

## 1. FINDING THE CORRECT EARGEL SIZE

For an assisted fit set up, please download the Jaybird App or visit [www.jaybirdsport.com/support/tarah](http://www.jaybirdsport.com/support/tarah)

- A** Try with pre-installed size 2 eargels. Place these firmly within your ears as shown in the illustration.
- B** If your earbuds are not comfortable, or feel loose, or too tight, try alternative sized eargels (size 1 or size 3). Be patient, it may take some time to get the perfect fit.
- C** Once you are happy with the fit, you are good to go.

**Note:** It is quite common to use different sized eargels in each ear.



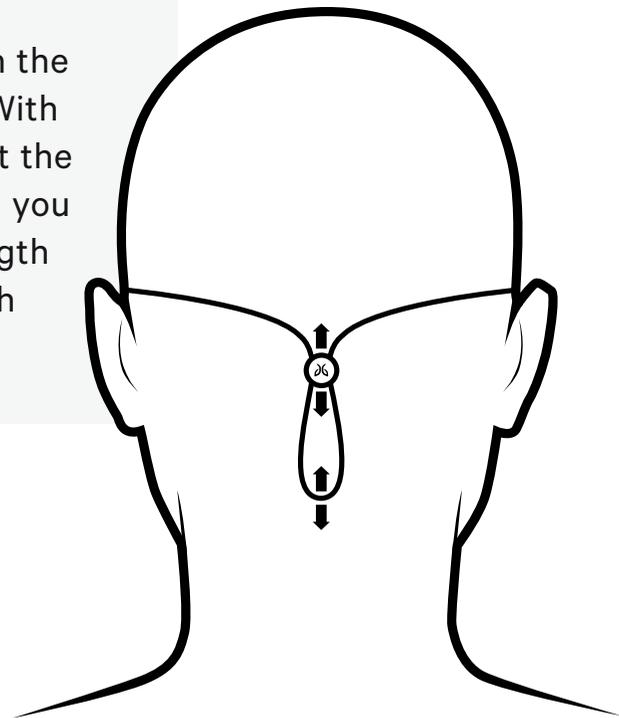
# FINDING YOUR PERFECT FIT

## 2. SPEED CINCH & SHIRT CLIP

The **speed cinch** helps to keep the cord off your neck and shoulders, which is ideal for sports use.

**A** Place your Tarah earbuds in your ears.

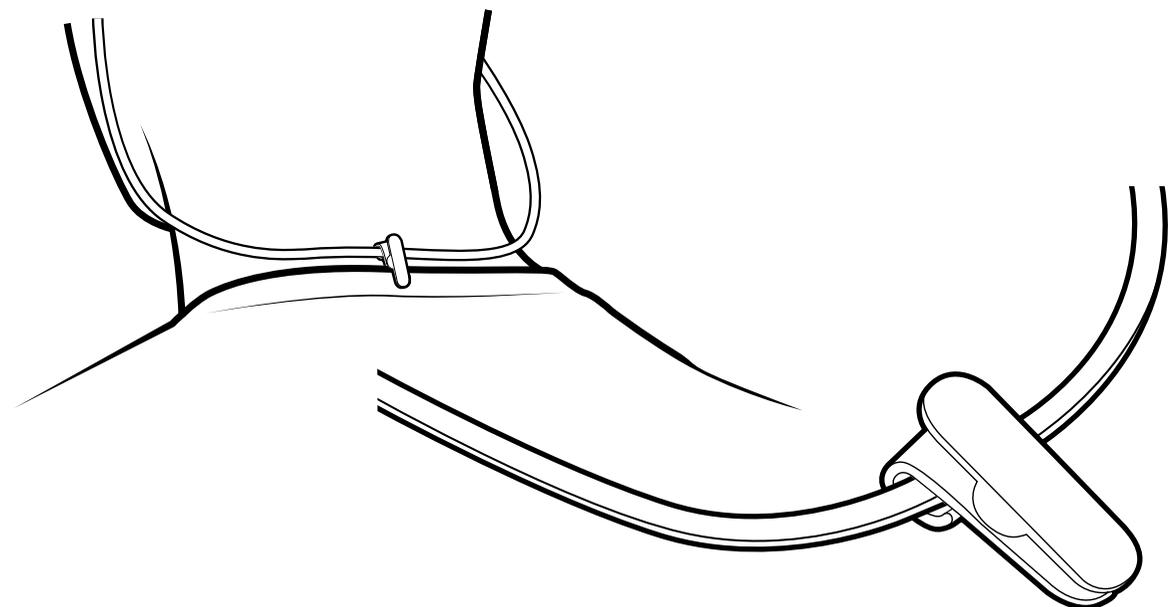
**B** Grab the cord beneath the cinch with one hand. With your other hand adjust the cinch up or down until you find the right cord length allowing a snug fit with no excess slack.



Use the included **shirt clip** to secure your Tarah earbuds to the back of your shirt.

**A** Prior to using the shirt clip remove, the cinch.

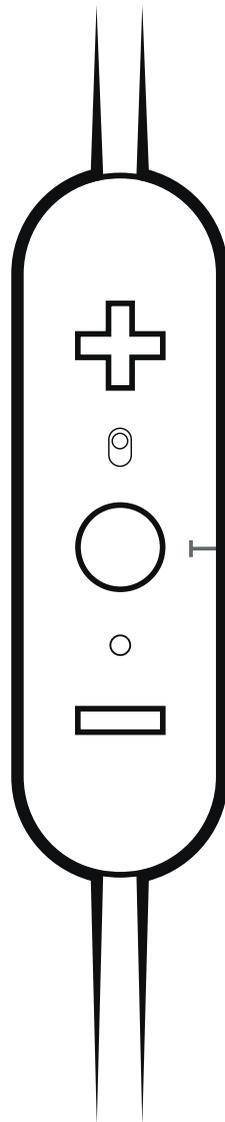
**B** Attach the shirt clip to your shirt as it shown in the illustration below.



# DETAILED INSTRUCTIONS

## BUTTON FUNCTIONALITY

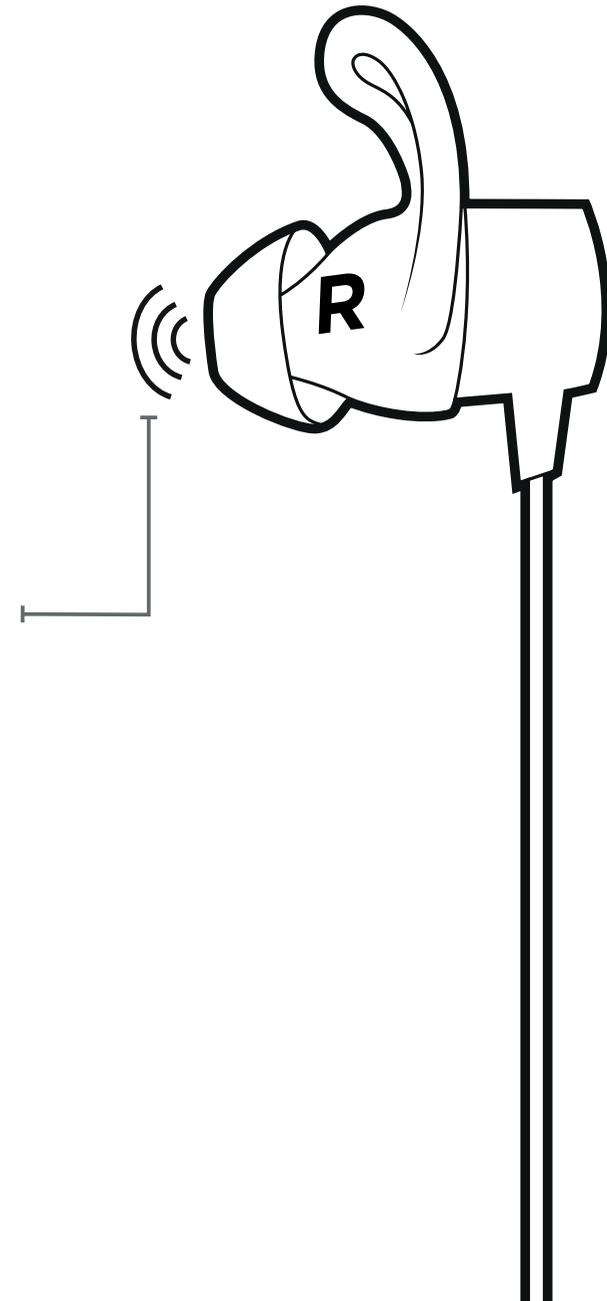
 LONG PRESS



 ON/OFF

Turn your earbuds **ON**: press and hold the **Middle Button** until you hear an ascending “**Power on**” tone and the **LED** turns solid white.

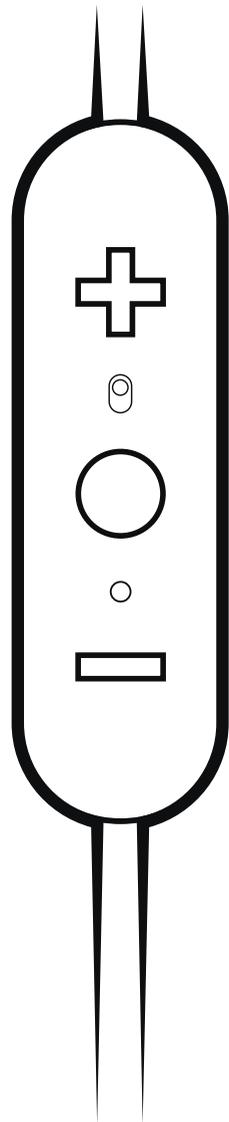
Turn your earbuds **OFF**: press and hold the **Middle Button** until you hear a descending “**Power off**” tone and the **LED** illuminates red before turning off.



# DETAILED INSTRUCTIONS

## PLAYING MUSIC

● PRESS    ● LONG PRESS    ●● DOUBLE PRESS



● VOLUME UP

● SKIP FORWARD

● PLAY / PAUSE  
CUSTOM CONTROL

●● VOICE ASSISTANT  
CUSTOM CONTROL

● VOLUME DOWN

● SKIP BACKWARD

**Play or pause**, a song or video with a single press and release of the **Middle Button**.

**To skip a song**, long press the **Vol. + Button**.

**To go backwards**, long press the **Vol. - Button**.

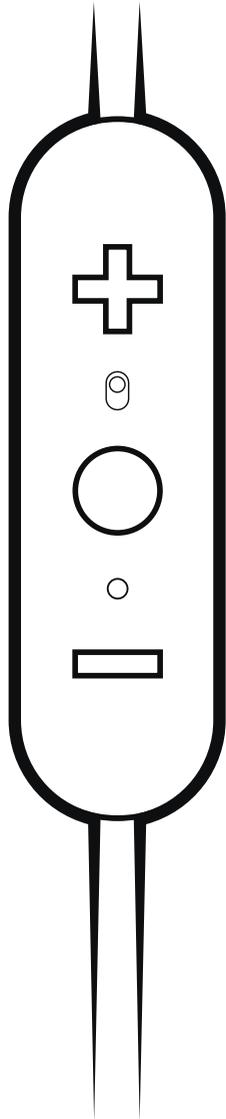
**To change the volume + or -**, press the **Vol. +** or **Vol. - Button**.

**To activate voice assistant**, (Siri or Google Now), double press the **Middle Button**.

# DETAILED INSTRUCTIONS

## PHONE CALLS

● PRESS ●● DOUBLE PRESS



● VOLUME +

● ACCEPT / END A CALL

●● DECLINE A CALL

● VOLUME -

**Accept/End a phone call**, press the **Middle Button**.

**To decline a phone call**, double press the **Middle Button**.

**To change the volume + or -**, single press the **Vol. +** or **Vol. - Button**.

# DETAILED INSTRUCTIONS

## THE JAYBIRD APP

The Jaybird App lets you customize the sound profile of your Tarah earbuds. You can also enable Find My Buds to track your earbuds if lost. Connect your earbuds to the Jaybird App to see if a firmware update is available.

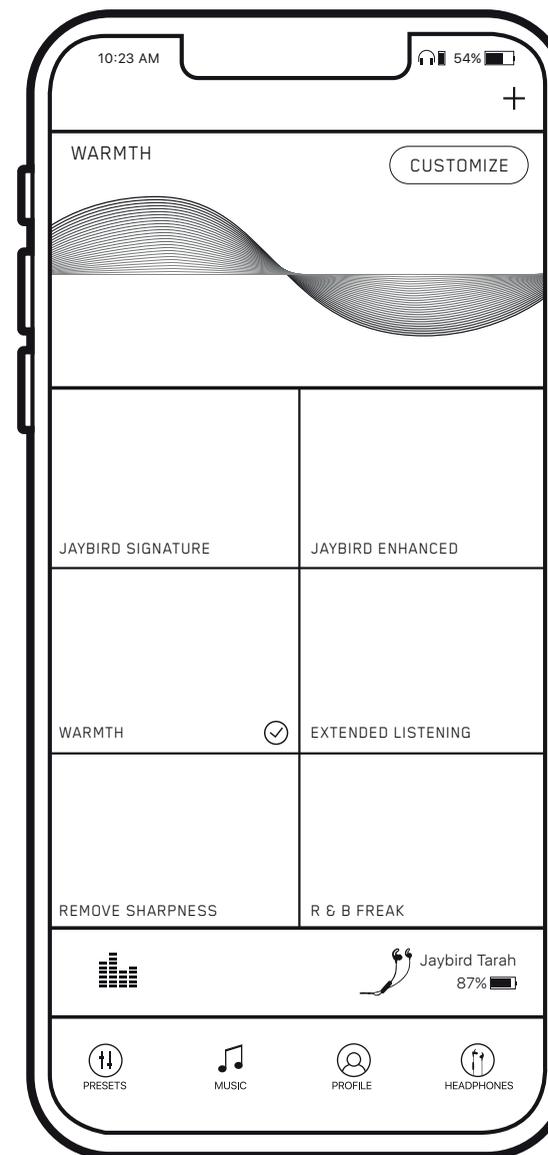


Download on the  
**App Store**



GET IT ON  
**Google Play**

Your new sound settings are saved on your earbuds, so you can take your custom sound with you no matter where you go with any device you use.

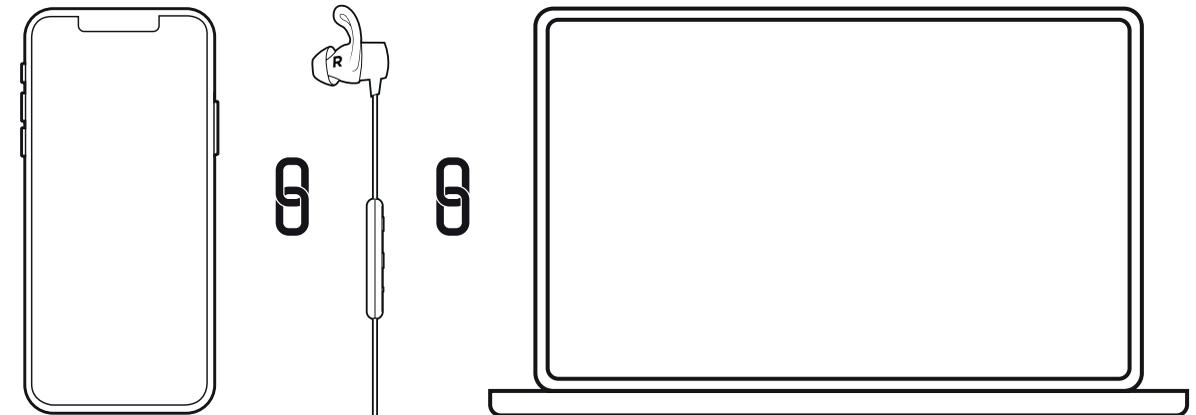


# DETAILED INSTRUCTIONS

## MULTIPOINT - CONNECTION TO MULTIPLE DEVICES

Multipoint allows you to be connected to two devices simultaneously. You can for instance be connected to your laptop and your mobile phone. While listening to music on your laptop you will be able to accept an incoming call on your phone.

- 1** Ensure your earbuds are up to date. Connect to the Jaybird app to see if a firmware update is available.
- 2** Ensure your Tarah earbuds are paired and connected to both devices. Follow pairing instructions on page 5-6.
- 3** Make sure that only the two devices you want to connect to are turned on and in proximity



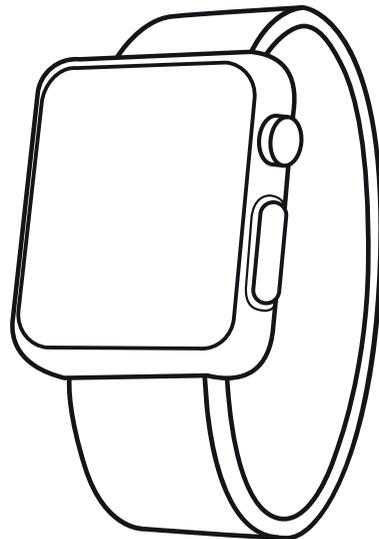
Your Tarah can remember up to eight paired Bluetooth® devices and can be actively connected two devices at a time.

# DETAILED INSTRUCTIONS

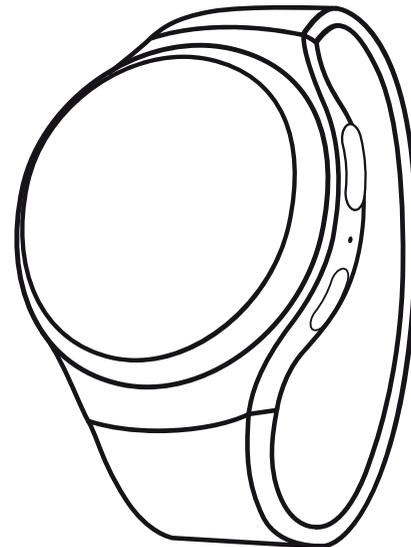
## SMARTWATCHES

With the right smartwatch you can leave your phone at home. Just sync music to your smartwatch and pair Tarah to your smartwatch. Use your smartwatch user manual for instructions on how to pair a Bluetooth device.

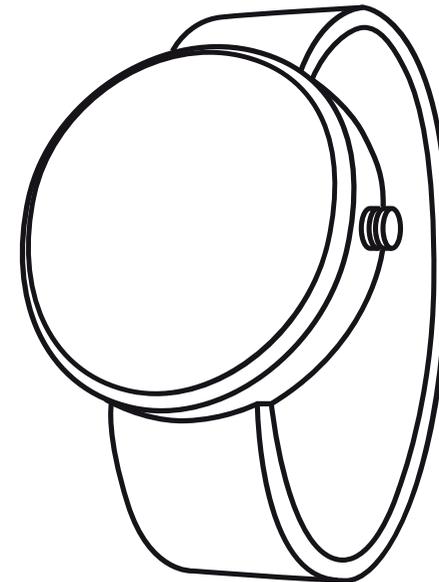
**Apple WatchOS**



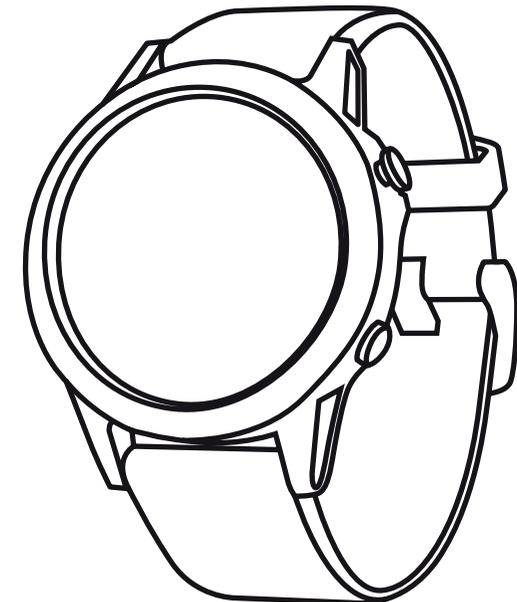
**Samsung**



**Android Wear**



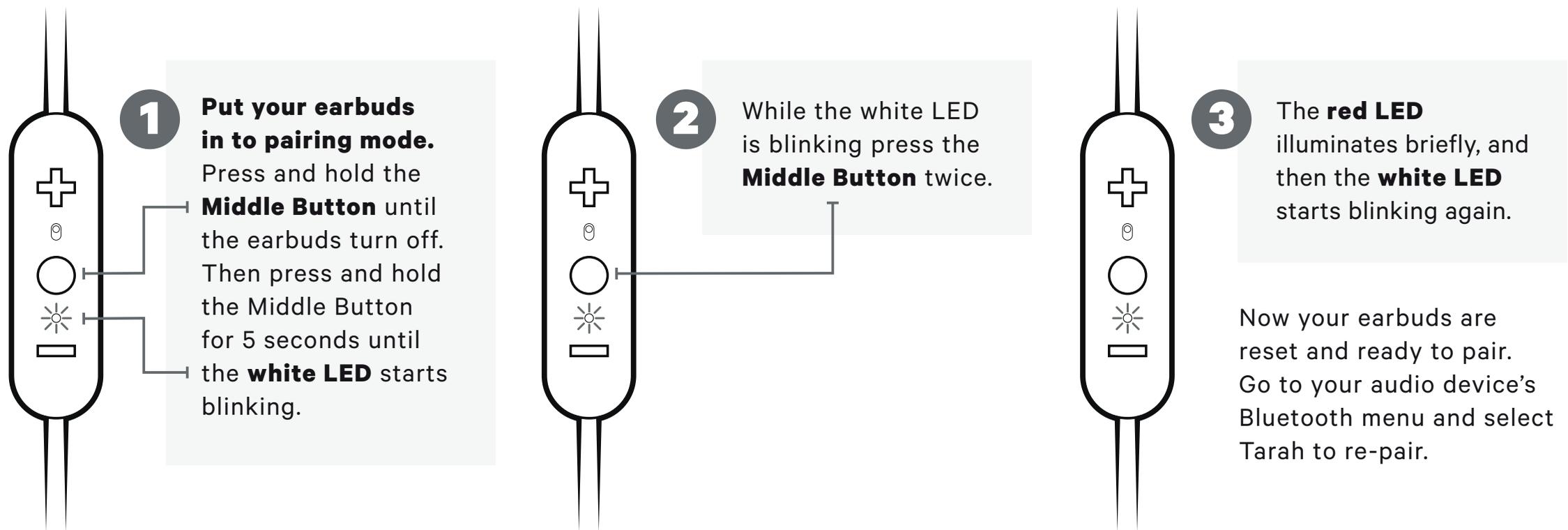
**Garmin**



# TROUBLESHOOTING

**Soft reset:** If your earbuds are not responding, put your Tarah in the charger cradle and connect the USB charging cradle to a power source. This will turn your earbuds off and perform a soft reset.

**Factory reset:** If this does not resolve your problem we recommend resetting your earbuds to their original factory settings. Before starting this process please “FORGET” or “REMOVE” your Tarah device in your Bluetooth list of discovered devices in your audio device.



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# SPECIFICATIONS

Bluetooth Version	5.0, Multipoint
Codec	SBC
Profile	Handsfree, Headset, A2DP, AVCRP, SPP
Effective Range	10 meters (30 feet)
Play Time	6 Hrs*
Power	Bluetooth headset: 5.0V  , 1A
Charging Time	2 Hrs
Quick Charge	10 Min = 1 Hr play time
Dimensions	13.25 x 23.6 mm earbud size, 490 mm cord length
Weight	Approx 13.85 g (without eargels)

\*Play time and standby time may vary due to usage conditions. Adding additional bass to your sound profile through the Jaybird app will reduce play time.

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# WARRANTY, WARNINGS & SAFETY

Full warranty, care & maintenance details at:  
[jaybirdsport.com/warranty](http://jaybirdsport.com/warranty) +1.866.244.3399

**WARNING:** Due to the isolating characteristics of these headphones do not use while driving, riding a bike or where vehicular traffic is present, or in any other activity where failure to hear surrounding sounds could be dangerous. Use of these headphones at excessive volumes may cause permanent hearing damage. Always turn the volume down before use. Take caution in regards to inserting objects into ear canal, use at own risk. Do not wear the device while it is connected to a power source driven from main 110V or 220V lines.

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## WATERPROOF

Your Jaybird Tarah earbuds feature an IPX7 waterproof rating. Tarah earbuds are designed to handle rain, mud and outdoor adventures.

Jaybird headphones are not designed for swimming, showering or exposure to pool or ocean water. In case of exposure to salted or chlorinated water, rinse the headphones gently with fresh water and air dry before use. The charging cradle is not water resistant, so please ensure your headphones are completely dry before charging.

## EARGEL CLEANING

Keeping your Jaybird earbuds eargels clean is essential for safe, hygienic use.

**IMPORTANT:** DO NOT attempt to clean the eartips without first removing them from the headphones.

1. Firmly grip the eargel with one hand and the earbud with the other. Carefully remove the eargel from the earbud.
2. Use warm water and mild soap on a damp cloth to remove dirt and earwax from the eargel. Do NOT use harsh cleaning agents.
3. Rinse and completely dry your eargel before placing them back on your earbuds.
4. Carefully push the eargel back onto the earbuds.

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## LISTEN RESPONSIBLY

Avoid excessive volume levels and prolonged periods of listening. Prolonged listening at excessive volume levels may cause permanent hearing disability.

Do not use around road traffic.

## CARE AND MAINTENANCE

Clean eargels regularly of dirt and wax buildup. To clean, remove eargels from earbuds, then gently wipe away dust and oil with a dry cloth, and/or use warm water and mild soap to remove buildup. Rinse and completely dry before reattaching.

Before charging, ensure earbuds are completely dry of sweat and water.

Video instructions at [jaybirdsport.com](https://www.jaybirdsport.com)

